



# WELLNESS PACKAGES

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# **MAKATIMED WELLNESS CENTER HEALTH INVESTMENTS & RIDERS**

## WELLNESS ESSENTIALS - BASIC 5 PACKAGE

*Php3,800.00*

*Medical History and Physical Exam*

*CBC (Complete Blood Count)*

*Urinalysis Routine*

*Stool Routine*

*Chest PA & Lateral*

## LIVER WELLNESS RIDER

*Php10,200.00*

### LABORATORY

*HBsAG*

*Anti HBS (Chemi)*

*Anti HAV IGG (CMIA) – Hepatitis A*

*Anti HCV (Chemi) / Hepatitis C*

### ULTRASOUND

*Whole abdomen Ultrasound*

## GASTRO WELLNESS RIDER

*Php5,500.00*

### LABORATORY

*Occult Blood Test (Stool)*

### ULTRASOUND

*Whole abdomen Ultrasound*

**DIABETES WELLNESS  
RIDER 1**

*Php7,700.00*

**LABORATORY**

*HBA1C Electrophoresis*

**ULTRASOUND**

*Whole abdomen Ultrasound*

**WEIGHT WELLNESS**

*Diet Counseling*

**DIABETES WELLNESS  
RIDER 2**

*Php2,400.00*

**LABORATORY**

*Micral Test*

*Glucose 2Hrs PPBS*

**WEIGHT WELLNESS**

*Ankle Brachial Index Test*

## POST MENOPAUSAL RIDER

*Php19,000.00*

### LABORATORY

*Lipid Profile (HDL, LDL, Triglycerides, Cholesterol Total),*

*Calcium, and Vitamin D*

### COBH

*Bone Mineral Densitometry*

### ULTRASOUND

*Transvaginal-gyne or Transrectal-gyne*

### BREAST CLINIC

*Mammography (3d)*

## FEMALE PRE-BOARDING EXAM PACKAGE

*Php2,460.00*

*Pre and Post Counselling*

*Human Retrovirus Test*

*Pregnancy Test*

## PAP SMEAR RIDER PACKAGE

*Php3,370.00\**

## PAP AUTO RIDER PACKAGE

*Php3,405.00\**

*\*Inclusive of Doctor's fee and Medical Supplies*



## WELLNESS PREMIER PACKAGE

Php 25,000.00

### WELLNESS ESSENTIALS - BASIC 5

*Medical History and Physical Exam, CBC (Complete Blood Count),  
Urinalysis Routine, Stool Routine, and Chest PA & Lateral*

### LABORATORY

*Chem 23 (Sodium, Potassium, Creatinine, BUN, FBS, Cholesterol, Triglycerides, HDL, LDL,  
Uric Acid, SGOT, SGPT, Calcium, Phosphorus, Chloride, Alkaline Phosphatase,  
Total Bilirubin, Albumin, Total Protein, LDH, CPK/CK, CO2, GGPT, and Amylase)*

### CVDL

*12-Lead ECG*

### ULTRASOUND

*Liver, Gallbladder, Pancreas, and Kidneys*

### ENT

*Screening Audiometry*

### WEIGHT WELLNESS

*Diet Counseling*

*Body Fat Analysis*

*Updated as of June 9, 2022 (Rates are subject to change without prior notice)*



## LIFESTYLE EXECUTIVE PACKAGE

*Php41,000.00*

### WELLNESS ESSENTIALS - BASIC 5

*History and Physical Exam, CBC (Complete Blood Count),  
Urinalysis, Stool Routine and Chest PA & Lateral*

### LABORATORY

*ESR, Glucose (FBS/FPG), Potassium, Creatinine, SGOT (AST), SGPT (ALT), Alkaline Phosphatase,  
Total Bilirubin, Total Protein, Albumin, Calcium, Uric Acid, TSH Chemi, FT4 Chemi. Human  
Retrovirus Screening, RPR (Rapid Plasma Reagin) Quali, RPR (Rapid Plasma Reagin) Quanti, BUN,  
Typing ABO/RH Adult*

*Lipid Profile (HDL, LDL, Triglycerides, Cholesterol Total)*

*Hepatitis screening (HBSAG CHEMI; Anti HBS CHEMI & ANTI HBC TOTAL CHEMI)*

*Chlamydia Trachomatis/Neisseria Gonorrhoeae (CT/NG) PCR (Urine)  
Fecal Immunochemical Test (FIT)(S.O.)(Stool)*

### CARDIOVASCULAR

*12-Lead ECG*



# COMPREHENSIVE ABDOMINAL PACKAGE

*Php24,000.00*

## WELLNESS ESSENTIALS - BASIC 5

*History and Physical Exam, CBC (Complete Blood Count),*

*Urinalysis Routine, Stool Routine and Chest PA & Lateral*

## LABORATORY

*Chem 23 (Sodium, Potassium, Creatinine, BUN, FBS, Cholesterol, Triglycerides, HDL, LDL,*

*Uric Acid, SGOT, SGPT, Calcium, Phosphorous, Chloride, Alkaline Phosphatase,*

*Total Bilirubin, Albumin, Total Protein, LDH, CPK/CK, CO<sub>2</sub>, GGPT, and Amylase)*

*Occult Blood Test (Stool)*

## CVDL

*12-Lead ECG and 15-Lead EC.G*

## ULTRASOUND

*Whole Abdomen Ultrasound With or Without Elastography*





# **MAKATIMED WELLNESS CENTER PACKAGES FOR FEMALE**



# GERIATRIC FEMALE PACKAGE

*Php28,500.00*

## **WELLNESS ESSENTIALS BASIC 5**

*History and Physical Exam, CBC (Complete Blood Count),  
Urinalysis Routine, Stool Routine and Chest PA & Lateral*

## **LABORATORY**

### *TSH IRMA*

*CHEM M - Albumin Serum, Creatinine Serum, Calcium Serum, Sodium Serum, Bun Serum,  
Triglycerides Serum, SGPT (ALT), HDL, Total Protein Serum, Alkaline Phosphatase Serum, Ldl,  
Cholesterol Total Serum, Total Bilirubin, Chloride Serum, Glucose (FBS/FPG), Uric Acid Serum,  
SGOT (AST), and Potassium Serum*

## **CVDL**

*12-Lead ECG and 15-Lead ECG*

## **COBH**

*Bone Mineral Densitometry*

## **BREAST CLINIC**

*Mammography (3D)*

## **ELITE WELLNESS FEMALE PACKAGE**

*Php34,200.00*

### **WELLNESS ESSENTIALS BASIC 5**

*History and Physical Exam, CBC (Complete Blood Count),  
Urinalysis Routine, Stool Routine and Chest PA & Lateral*

### **LABORATORY**

*HBSAG, Anti-HBS, Anti HAV IGG (CMIA) / Hepatitis A  
and Anti HCV (CHEMI) / Hepatitis C, TSH IRMA,  
CHEM M - Albumin Serum, Creatinine Serum, Calcium Serum, Sodium Serum, Bun Serum,  
Triglycerides Serum, SGPT (ALT), HDL, Total Protein Serum, Alkaline Phosphatase Serum, LDL,  
Cholesterol Total Serum, Total Bilirubin, Chloride Serum, Glucose (FBS/FPG), Uric Acid Serum,  
SGOT (AST), and Potassium Serum*

### **CARDIOVASCULAR**

*12-Lead ECG or 15-Lead ECG*

### **BREAST CLINIC**

*Mammography (3D)*

### **ULTRASOUND**

*Transvaginal-gyne or Transrectal-gyne  
Whole abdomen Ultrasound with or without elastography*

### **WEIGHT WELLNESS**

*Diet Counseling*

## **AVANT GARDE MARGAUX PACKAGE**

*Php87,500.00*

*History and Physical Exam,  
CBC (Complete Blood Count)*

*Urinalysis Routine*

### **LABORATORY**

*Lipid Profile (HDL, LDL, CHOL, TRIG) Serum*

### **SKIN & LASER HUB**

*Skin Renewal – Face*

*Body Contouring – Abdomen (3 sessions)*

*Hair Reduction – Full Legs*

*Hair Reduction – Face*

*Contour & Lift – Face and Neck*

*Eyebag Reduction*

### **BREAST CLINIC**

*Breast Ultrasound*

### **WEIGHT WELLNESS**

*Diet Counseling*

*Body Fat Analysis*

*1 Week Menu Plan*

## ZENITH MELISSA PACKAGE

*Php31,500.00*

### **MEDICAL HISTORY AND PHYSICAL EXAM**

#### **LABORATORY**

*CBC (Complete Blood Count), FT4 (CHEMI), TSH (CHEMI),  
Glucose (GBS/FPG), Potassium Serum,  
Lipid profile (HDL, LDL, CHOL, TRIG) Serum, Creatinine Serum,  
SGOT (AST), SGPT (ALT), Sodium Serum, Calcium Serum,  
Uric Acid Serum, Leutinizing Hormone Chemi and FSH Chemi*

#### **CARDIOVASCULAR**

*12-Lead ECG*

#### **BREAST CLINIC**

*Mammography (3D)*

*Breast Ultrasound*

#### **WEIGHT WELLNESS**

*Diet Counseling*

#### **COBH**

*Bone Mineral Densitometry*

## STELLAR MELISSA PACKAGE

Php62,500.00

Medical History and Physical Exam

CBC (Complete Blood Count)

Urinalysis Routine

### CARDIOVASCULAR

*12-Lead ECG*

### LABORATORY

Lipid profile (HDL, LDL, CHOL, TRIG) Serum

LH IRMA

FSH IRMA

### SKIN & LASER HUB

*Body Contouring – Abdomen (3 sessions)*

*Contour & Lift – Face and Neck*

*Skin tightening & Wrinkle Reduction - Medium*

### WEIGHT WELLNESS

*Diet Counseling*

*Body Fat Analysis*

*1 Week Menu Plan*



# MAKATIMED WELLNESS CENTER PACKAGES FOR MALE



## ELITE WELLNESS MALE PACKAGE

*Php24,500.00*

### WELLNESS ESSENTIALS BASIC 5

*History and Physical Exam, CBC (Complete Blood Count),  
Urinalysis Routine, Stool Routine and Chest PA & Lateral*

### LABORATORY

*CHEM M - Albumin, Creatinine, Calcium, Sodium, BUN, Triglycerides, SGPT (ALT), HDL,  
Total Protein, Alkaline Phosphatase, LDL, Cholesterol Total, Total Bilirubin, Chloride,  
Glucose (FBS/FPG), Uric Acid, SGOT (AST), and Potassium, TSH CHEMI/ IRMA. HBSAG &  
Anti-HBS*

### CVDL

*12-Lead ECG or 15-Lead ECG*

### ULTRASOUND

*Whole Abdomen Ultrasound*

## WELLNESS MALE RIDER

*Php4,000.00*

### LABORATORY

*Total Prostatic Specific Antigen (Blood)*





# **MAKATIMED WELLNESS CENTER PACKAGES FOR CHILDREN AND TEENS**

## BASIC PEDIATRIC PACKAGE

Php5,300\*

*CBC (Complete Blood Count),*

*Urinalysis Routine,*

*Stool Routine*

*Chest AP & Lateral (Pedia)*

*ECG 15 Lead*

*Doctor's Professional Fee*

## COMPREHENSIVE PEDIATRIC PACKAGE

Php23,400.00\*

### BASIC PEDIATRIC PACKAGE

#### LABORATORY

*Glucose(FBS/FPG). HBA1C. Lipid Profile (HDL, LDL, CHOL, TRIG) Serum, Uric Acid Serum,  
Bun Serum, Creatinine Serum, Sodium Serum, Potassium Serum, Micral Test, SGOT/ AST,  
SGOT/ ALT, GGTP Serum (Gamma Glutamyltranspeptidase)*

#### ULTRASOUND

*Kidney & Urinary Bladder*

**\*Inclusive of Doctor's fee (Pediatrics)**

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